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WEEK 1	MONDAY	TUESDAY
RULES & MANNERS  THANK YOU	<ul> <li>□ Be respectful. Adults (grown-ups) are in charge.</li> <li>□ DO listen to any adult. Speak politely and do what you are told.</li> <li>□ DON'T think that because your parents are away, you can act rudely.</li> <li>□ Be respectful at all times with all adults.</li> <li>□ Mind Your Manners! Color together p. 1.</li> </ul>	□ Be respectful. People may give you gifts. □ DO respect the thoughtfulness of anyone who gives you a gift. Smile and say "thank you." □ DON'T toss the gift aside or show that you do not like the gift. □ Even if you do not like the gift, you can be respectful of the person who gave it. □ Mind Your Manners! p. 2
HEALTH & SAFETY	<ul> <li>□ Keep yourself clean.</li> <li>1. Shower or take a bath with soap and warm water and wash your hair.</li> <li>2. Brush your teeth 2 times every day.</li> <li>3. Wash your hands. (See Appendix for practice instructions you can laminate and place at the child's sink.)</li> <li>4. Wash your face.</li> <li>□ Stay safe in the bathroom. Use warm, not hot, water.</li> </ul>	<ul> <li>□ Keep yourself clean. When you take a shower or bath:</li> <li>a. Use warm water to rinse.</li> <li>b. Lather soap in a washcloth.</li> <li>c. Scrub your whole body with the soap.</li> <li>d. Rinse everywhere.</li> <li>e. Dry your whole body with a towel.</li> <li>□ Stay safe in the bathroom. Wipe dry any water you might spill on the floor.</li> </ul>
Sharing Our Talents Wee Gillis	☐ Share yourself! As we grow, we learn new things. We can share our talents to serve other people. ☐ Read Wee Gillis.	☐ Share yourself! We never know which skills other people will need. Listen to see how Wee Gillis learned something he could share. ☐ Reread Wee Gillis.

WEDNESDAY	THURSDAY
<ul> <li>□ Be respectful. You may see something you like.</li> <li>□ DO respect the property of others. Ask before you touch something of someone else.</li> <li>□ DON'T touch or take something that does not belong to you.</li> <li>□ Be respectful of others and their things.</li> <li>□ Mind Your Manners! p. 3</li> </ul>	<ul> <li>□ Be respectful. Greet others whom you see each day. Say "hello" or "good morning" or "good afternoon."</li> <li>□ DO sit quietly and respect the rules if you ride in a car, bus, or van with other people.</li> <li>□ DON'T yell or speak loudly inside a vehicle.</li> <li>□ It is respectful to greet other people and show respect for rules when traveling.</li> <li>□ Mind Your Manners! p. 4</li> </ul>
<ul> <li>□ Keep yourself clean. When you brush your teeth, wet the toothbrush. Apply toothpaste the size of a pea. Brush your upper teeth insides and outsides. Brush your lower teeth insides and outsides. Spit into the sink. Rinse your brush.</li> <li>□ Stay safe in the bathroom. Do not touch anything that is not yours.</li> </ul>	<ul> <li>□ Keep yourself clean. When you wash your face, pull your hair back into a band or clip if it is long. Then rinse your face with warm water. Lather soap into a washcloth. Gently rub the washcloth over your entire face. Rinse your face. Dry your face. Rinse the washcloth and hang to dry.</li> <li>□ Stay safe in the bathroom. Do not use anything sharp or electric.</li> </ul>
<ul> <li>□ Share yourself! What skills did Wee Gillis learn in this story? How did he share those talents?</li> <li>□ Reread Wee Gillis.</li> </ul>	<ul> <li>☐ Share yourself! What skills or talents do you have?     How might you share them with someone else?</li> <li>☐ Reread Wee Gillis.</li> </ul>