Introducing the Quarter Rest

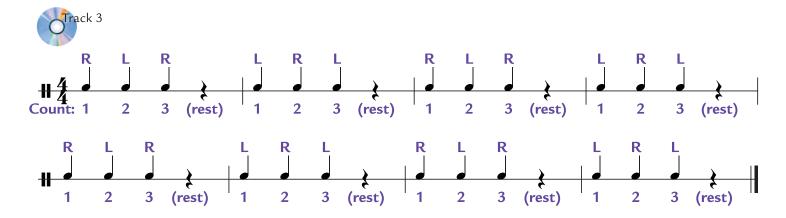
Rests are signs of silence. This strange-looking music symbol is called a *quarter rest*. It means to be silent for the value of a quarter note (one beat).



1 beat

Rest Warm-up

Before playing "Three Blind Mice," practice this exercise (at least three times) until you are comfortable playing rests. Start slowly, and gradually increase the tempo each time you play.



Three Blind Mice

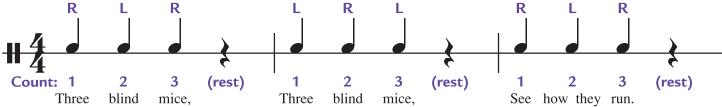
Before playing along with the CD, practice the part alone until you are comfortable with it.

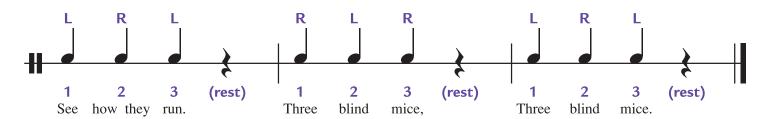
Practice Tip

Tap the rhythms while singing the words.











Three Rhythms in One Song

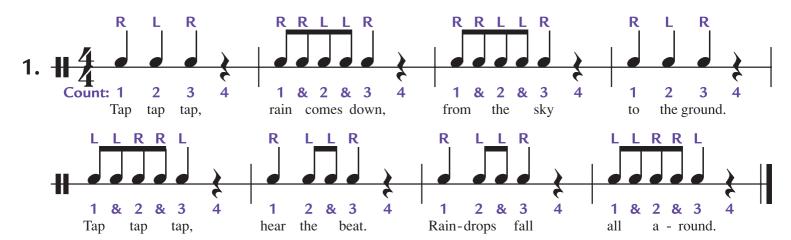
Count and tap each rhythm below.



Rain Comes Down



Before playing along with the CD, practice the part alone until you are comfortable with it. Start slowly, and gradually increase the tempo.



Improvise on a Sound Source

Repeat the following exercises at least three times. Start slowly, and gradually increase the tempo.



Body Drumming