

SKELETAL SYSTEM SHUTTER BOOK



Instructions:

1. Cut along the dotted lines and around the outer edges of the skull, keeping both halves of the skull attached to the dotted lines.
2. Fold inward so that the skull halves meet in the center.
3. Write interesting facts about bones on the inside of your Skeletal System Shutter Book.
4. Glue your book to the "Bones Minibook" paste page.





BONES

A series of ten vertical lines for writing, consisting of two solid outer lines and a dashed inner line in the center of each set.



NUTRITION MATCHBOOK



This is the matchbook cover that will hold all your rectangular pages.

Instructions:

1. Cut out this matchbook cover. **Do not cut the blue fold lines!**
2. Fold along the blue lines so that the large foods flap and the small cherries flap face outward in the same direction.
3. Cut out the rectangles on this page and the next and fill in the information you learned about each topic.
4. Lift the large flap and place all the pages you created under the small flap.
5. With the large cover flap open and your pages under the small flap, staple your matchbook on the white line that crosses the center of the small flap. This will hold all your pages inside. **Do not staple the cover closed!**
6. Fold the large flap down and tuck it into the small flap, like a matchbook.
7. Glue this side (with these words) onto the "Nutrition Minibook" paste page.



Protein



Carbohydrates



Calcium



Water



Vitamin C



Handwriting practice lines for Vitamin C, consisting of a solid top line, a dashed middle line, and a solid bottom line.

Fats



Handwriting practice lines for Fats, consisting of a solid top line, a dashed middle line, and a solid bottom line.

Vitamin A



Handwriting practice lines for Vitamin A, consisting of a solid top line, a dashed middle line, and a solid bottom line.

*Vitamins
D & K*



Handwriting practice lines for Vitamins D & K, consisting of a solid top line, a dashed middle line, and a solid bottom line.

B Vitamins



Handwriting practice lines for B Vitamins, consisting of a solid top line, a dashed middle line, and a solid bottom line.

Minerals



Handwriting practice lines for Minerals, consisting of a solid top line, a dashed middle line, and a solid bottom line.