



THE ULTIMATE WEEKLY PLANNER FOR TEENS

"Order brings peace."
— St. Augustine (traditional)

[illegible]

FIRST SEMESTER

	SUN	MON	TUES	WED	THURS	FRI	SAT
7:00 AM							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							
10:30							
11:00							
11:30							
12:00 PM							
12:30							
1:00							
1:30							
2:00							
2:30							

MONTH

YEAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
☐	☐	☐	☐
☐	☐	☐	☐
☐	☐	☐	☐
☐	☐	☐	☐
☐	☐	☐	☐
☐	☐	☐	☐

NOTES

Taste and see that the LORD is good; blessed
is the man who takes refuge in him.
Psalm 34:8

THURSDAY	FRIDAY	SATURDAY	MINDWORKS
			 Persistent fear and chronic anxiety during childhood can have lifelong consequences by disrupting the developing architecture of the brain. (Center on the Developing Child, Harvard University) When we allow time for, and encourage, children's self-initiated play, we ensure the full development of their curiosity, imagination, and creativity. (<i>The Power of Play</i> by David Elkind)
NOTES			

SAT WORDS

Absolve (v.) - *synonyms*: acquit, exculpate, excuse, exempt, exonerate, liberate, pardon, spare, vindicate

= 1 HR. WEEK OF SUBJECTS	M	T	W
	TIME ON TASK:	TIME ON TASK:	TIME ON TASK:

TH TIME ON TASK:	F TIME ON TASK:	S/S TIME ON TASK:	NOTES
⊕ ⊕	⊕ ⊕	⊕ ⊕	
⊕ ⊕	⊕ ⊕	⊕ ⊕	
⊕ ⊕	⊕ ⊕	⊕ ⊕	DUE:
			☐
			☐
			☐
⊕ ⊕	⊕ ⊕	⊕ ⊕	☐
			APPOINTMENTS/ WORK SCHEDULE:
⊕ ⊕	⊕ ⊕	⊕ ⊕	
⊕ ⊕	⊕ ⊕	⊕ ⊕	DEVOTIONS:
			S M T W T F S

CREDIT TRACKER

What I need to graduate		YEAR ONE	YEAR TWO	YEAR THREE	YEAR FOUR	Check when completed	
credits	subject	Fill in the names of the courses you have completed.					
4	English					☐ ☐ ☐ ☐	☐ ☐ ☐ ☐
	Math					☐ ☐ ☐ ☐	☐ ☐ ☐ ☐
	Science					☐ ☐ ☐ ☐	☐ ☐ ☐ ☐
	Social Studies					☐ ☐ ☐ ☐	☐ ☐ ☐ ☐
	Arts					☐ ☐ ☐ ☐	☐ ☐ ☐ ☐
	Health & Phys Ed					☐ ☐ ☐ ☐	☐ ☐ ☐ ☐
	Foreign Languages					☐ ☐ ☐ ☐	☐ ☐ ☐ ☐
						☐ ☐ ☐ ☐	☐ ☐ ☐ ☐
						☐ ☐ ☐ ☐	☐ ☐ ☐ ☐

REQUIRED CREDITS

ELECTIVE CREDITS

Number of credits required for graduation:

Number of credits completed:



= 1 credit



= .5 credit

HIGH SCHOOL RECORDS

Subject	YEAR ONE GRADES	YEAR TWO GRADES	YEAR THREE GRADES	YEAR FOUR GRADES	Test Scores (SAT, ACT, SAT II, AP, CLEP)
English					
Math					
Science					
Social Studies					
Activities					Years Participated
Arts					
Health & Phys Ed					
Foreign Languages					
GPA					

GUIDE TO PUNCTUATION, ITALICS, AND CAPITALIZATION

PERIOD

Put a period:

at the end of a complete sentence that is a statement
The cat is watching the birds.

after an indirect question
She asked what was wrong.

COMMA

Use a comma:

to separate the words or phrases in a series
I'll finish my physics course with blood, sweat, and tears.

to separate two adjectives when the word *and* can be inserted between them
The squawking, green parrot commanded our attention.

to set off the name or title of someone directly addressed
Sir, may I take your coat for you? Yes, Alex, you may.

to separate the day of the month from the year and after the year (No comma is needed if any part of the date is omitted.)

She was born on August 11, 1967, in Sun Valley, Idaho. Her brother was born the same day in August 1970.

to set off phrases that interrupt sentence flow
I am, as I'm sure you are aware, very late for this class.

after a dependent clause at the beginning of a sentence (A dependent clause following an independent clause is not set off with a comma.)

Before you can go to the movie, you have to finish cleaning your room. The chores must be done if you want to go out with friends.

after an introductory phrase of more than three words
At the end of the day, we were exhausted by the heat and hard work.

to set off a nonessential description when someone or something is clearly identified (If the description is necessary to identify the subject, then commas are not used.)

Sally, who has a pickup truck, said the roads are still passable. The girl who had a van said they are not.

to separate two independent clauses joined by a coordinate conjunction (*and*, *but*, *so*, *for*, *or*, and *nor*) unless the clauses are short (If a subject does not appear in front of the second verb, then do not use a comma because there is a compound verb rather than two independent clauses.)

The last thing we need is another downpour, but more rain is in the forecast. It rained and it poured. I needed some eggs for this recipe but forgot to pick them up at the store.

to separate contrasting parts of a sentence
This is my book, not yours.

after introductory words such as *well*, *now*, or *yes*
Yes, that is what she said. Now, let's leave immediately.

SEMICOLON

Use a semicolon:

to connect two independent clauses when the conjunction is omitted

The last train arrived an hour ago; the first train leaves at 6 a.m. tomorrow.

before conjunctive adverbs such as *however*, *therefore*, and *nevertheless* and before transitional phrases such as *in addition*, *for example*, and *on the other hand* when they connect two independent clauses. (A comma follows the adverb or phrase.)

The conductor says the 6 o'clock train is typically punctual; however, it is also typically sold out. He recommends that we take a cab to a later station; for example, White Hall, Newbury, and Exton are all along this line.

to connect items in a series if commas are already used within the series

Our trip included stops in Florence, Italy; Zurich, Switzerland; Nice, France; and Vienna, Austria.

to connect independent clauses joined by a conjunction if a comma has already been used in the first part

Even though our flight was delayed, I was able to rebook us on another airline; and we still arrived at our port before the cruise ship left the dock.

COLON

A colon follows a complete sentence. Use a colon:

to introduce a list

We were required to bring the following: our passport, travel itinerary, and train tickets.

to connect two complete sentences when the second sentence explains or illustrates the first and a conjunction is not used

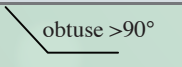
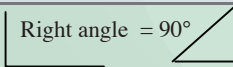
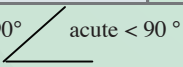
I enjoy traveling: Paris and London are my favorite destinations.

QUOTATION MARKS

Use quotation marks:

to set off quoted or spoken language (Periods and commas fall inside the marks; semicolons and colons go outside. Question marks go inside if the quote asks a question, outside if the quote is part of a question.)

ALGEBRA REVIEW

Expanding	Factoring	Roots of a Quadratic Equation		
$a(b + c) = ab + ac$	$a^2 - b^2 = (a + b)(a - b)$	The solution for a quadratic equation $ax^2 + bx + c = 0$ is given by the quadratic formula $x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$		
$(a - b)^2 = a^2 - 2ab + b^2$	$a^3b - ab = ab(a + 1)(a - 1)$			
$(a + b)^2 = a^2 + 2ab + b^2$	$a^2 + 2ab + b^2 = (a + b)^2$			
$(a + b)(c + d) = ac + ad + bc + bd$	$a^3 + b^3 = (a + b)(a^2 - ab + b^2)$	Logarithms		
$(a + b)^3 = a^3 + 3a^2b + 3ab^2 + b^3$	$a^2 - 2ab + b^2 = (a - b)^2$	$y = \log_b(x) \Leftrightarrow x = b^y$ (definition of a logarithm)		
$(a - b)^3 = a^3 - 3a^2b + 3ab^2 - b^3$	$a^3 - b^3 = (a - b)(a^2 + ab + b^2)$	$\log_b(1) = 0$ (logarithm of one)		
Exponents		$\log_b(b) = 1$ (logarithmic identity)		
$x^0 = 1$ (zero rule)		$\log_b(xy) = \log_b(x) + \log_b(y)$ (sum of logarithms)		
$x^1 = x$ (1 rule)		$\log_b\left(\frac{x}{y}\right) = \log_b(x) - \log_b(y)$ (difference of logarithms)		
$a^x a^y = a^{(x+y)}$ (addition of exponents rule)		$\log_b(x^n) = n \log_b(x)$ (logarithm of an exponential)		
$\frac{x^a}{x^b} = x^{a-b}$ (subtraction of exponents rule)		$\log_b(x) = \log_b(c) \log_c(x) = \frac{\log_c(x)}{\log_c(b)}$ (logarithm base conversion)		
$a^x b^x = (ab)^x$ (distributive property of exponents rule)		$e = 2.71828183$		
$(a^x)^y = a^{xy}$ (power rule of exponents)		$\pi = 3.14159265$		
$x^{\frac{a}{b}} = \sqrt[b]{x^a}$ (fractional exponent to fractional root relationship)		$i^2 = -1$	$i^3 = -i$	$i^4 = 1$
$x^{(\frac{1}{2})} = \sqrt{x}$ (definition of a square root)		 Equilateral triangle: all sides and all angles are equal.		
$x^{-a} = \frac{1}{x^a}$ (negative exponent definition)		 Scalene triangle: no sides and no angles are equal.		
 obtuse $> 90^\circ$  Right angle $= 90^\circ$  acute $< 90^\circ$		 Isosceles triangle: two sides and two base angles are equal.		