
God's Armor: Suited for Life

Dear Parents,

Thank you for choosing *God's Armor: Suited for Life* for your child. *God's Armor: Suited for Life* is a Bible study book written for elementary age children. Six to eight year olds will require help from a parent to read instructions, to find and read Bible passages, to look up words in the dictionary, and to write more lengthy answers. Boys and girls, ages nine to twelve, will most likely be able to complete the study with minimal help.

God's Armor: Suited for Life is divided into 6 sections each covering a piece of armor found in Ephesians 6:13-17. Each section is designed to take approximately 2 weeks to complete. Depending upon the age and skill level of the child, he or she should be able to finish at least one page per day.

Each section of the study examines a piece of armor and an example of a person in the Bible who used the armor. There will be opportunities for your child to reflect on his or her own behavior and how the pieces of armor can be used in daily living. Some of the assignments will require your help as a parent, and others will allow your child the opportunity to complete it individually.

May you enjoy interacting, answering questions, and learning with your child as you encourage him or her to daily wear the pieces of God's Armor. May God bless your study.

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God's Armor: Suited for Life

Welcome to your study of *God's Armor: Suited for Life*. You will learn Biblical examples of how to apply God's Armor to your life. Your main Biblical text will be found in Ephesians 6:13-17, but you will study people from both the Old and New Testament.

In this study, you will learn to...

- Buckle on the Belt of Truth and stop lies
- Strap on the Breastplate of Righteousness and obey God
- Lace up the Shoes of Peace and resist anger
- Lift High the Shield of Faith and stop fear
- Put on the Helmet of Salvation and have eternal life
- Hold Fast to the Sword of the Spirit which is the Word of God

To complete this study, you will need a pen or pencil, a dictionary, access to a map, globe, or atlas, and most importantly, your Bible. Be sure to keep these things close by while you are working.

God's Armor: Suited for Life **Introduction**

Ephesians was written by the Apostle Paul who was a Roman citizen. The people living at that time would be familiar with the attire of a Roman soldier. Using an encyclopedia, the internet, or library sources, find an example of a Roman soldier's attire. In the space below, either copy and paste or draw a picture of the Roman soldier.

Week One Buckling on the Belt of Truth

Day One

Read aloud Ephesians 6:13-17.

In the next two weeks, you will focus on the Belt of Truth from verse 14.

In a dictionary, find the word **truth** and write the definition below.

With your parents, discuss: "Why is truth important?"

Find Proverbs 12:22 in your Bible and write the verse in the space below.

Look back at your picture of the Roman soldier.

Locate where the belt would be and label it as the Belt of Truth.

End your time today in prayer.
Ask God to help you **Buckle on the Belt of Truth!**

Week One
Buckling on the Belt of Truth

Day Two

Write about or draw a picture of a time that you told a lie.

Write about or draw a picture of the consequences you experienced because of your lie. Then, add to your writing or drawing to show what you should have done instead of lying.

End your time today in prayer.
Ask God to help you **Buckle on the Belt of Truth!**

Week One Buckling on the Belt of Truth

Day Three

Have you heard of Abraham and Sarah before?

You will be reading about a time before their names are changed. They were still Abram and Sarai.

Read aloud Genesis 12:10.

In a dictionary, find the word **famine** and write the definition below.

Where are Abram and Sarai going?

Find Egypt using a map, globe, or atlas.

Why are Abram and Sarai going to Egypt?

Read aloud Genesis 12:8-9.

Looking back at your map, globe, or atlas, find the general location from which Abram and Sarai started their journey.

Now trace with your finger from their starting point to Egypt.

For further study: Estimate the distance Abram and Sarai traveled before reaching Egypt.
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End your time today in prayer.
Ask God to help you **Buckle on the Belt of Truth!**
