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Lesson 10

(Pages 25-30)

When I Do Bad Things

Objectives

To realize that doing bad things brings sadness To learn what to do when you are sad

Introducing the Lesson

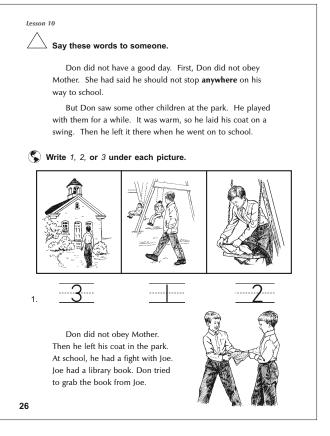
Look at the study words anywhere, forgive, and tomorrow. Have students pronounce them, and other students tell what they mean. Use the words in a sentence. Ask the students what kind of day makes a good day. What makes a bad day?

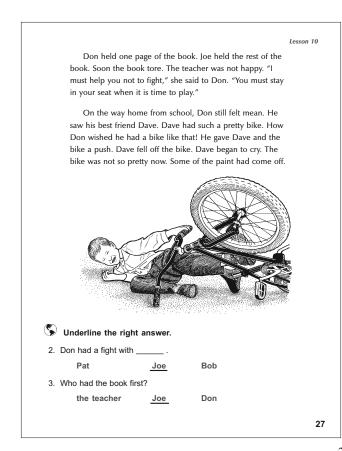
Teaching the Lesson

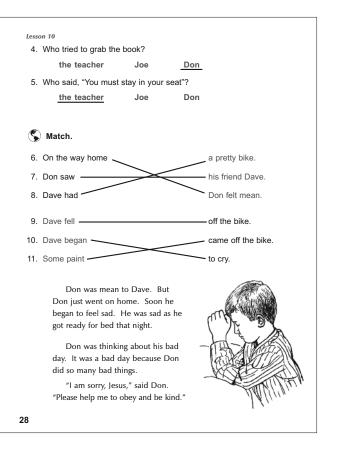
Read the stories and do the activities. How do the students feel when they do something bad? What could Don do for Joe and Dave to show them he is truly sorry? Remind the children that they can pray to God anywhere at any time. They do not need to wait till they are ready to go to bed.

Does God want us to be sad all the time?

What can the children do when they are sad? Discuss how to overcome sadness when you are sick, when others make fun of you, and when you have done something bad.







Extra Activity

Begin a chart of various feelings we experience. Write the feeling, what causes it, and what to do when we have that feeling. Help the students to realize that not focusing on ourselves is the key to overcoming negative feelings.

Lesson 11

(Pages 30-32)

Feeling Afraid

Objectives

To identify some things that make you afraid To learn what to do when you are afraid To learn a Bible verse about trust

Introducing the Lesson

Have your students ever been afraid? They may want to tell about times when they have been afraid. What did they do when they were afraid?

Lesson 10

Then Don ran to find Mother. "I am sorry I did not obey

Mother gave Don a hug. "I forgive you," she said with a

Don got back into bed. Tomorrow he would tell Joe and Dave he was sorry. Don felt happy now. Soon he was fast asleep

What can you do when you feel sad?

You can draw a picture for someone.

You can talk to a friend.

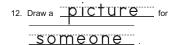
You can help someone.

When you make other people happy, it will help you to be happy too.

When you feel sad, you can read a good book. The story may help make you happy.

When you are sad, you can ask God to help you feel glad. Think about how much God loves you. Thank God for the good things He gives you. That will help you feel happy.

Tell what you can do when you are sad.



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Lessons 10, 11 13. Talk to a friend 15. Read a good book 16. Ask on to help you feel on to <u>qives</u> you

Feeling Afraid

Sometimes you feel sad. Sometimes you feel afraid. When are you afraid? God can help you when you are afraid.

God made the day and night. He can see just as well at night as in the day. So we do not need to be afraid.



Lesson 11

You do not need to be afraid when you play in a safe place. You do not need to be afraid of new things. You do not need to be afraid when you obey.

💲 Circle yes or no.

God is with me when I am afraid.

(yes)

2. Did God make the night?

(yes) no

no

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3. Do we need to be afraid?

Kate had to go to a new school. Today was her first day at the new school. Kate was afraid. She felt all alone. She did not have a friend. She was afraid of the new children. She was afraid she could not find her room. She was afraid of the new teacher

Mother said, "I will pray for you. If you are kind to the other children, you will soon have a friend. God will help you find your room in the new school."

Kate was afraid, but she tried to smile at the other children. Some of them said, "Come play with us." They took Kate to her room. The new teacher was very kind. Kate had a good day at the new school.

What can you do when you feel afraid? The Bible tells you what to do.

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Teaching the Lesson

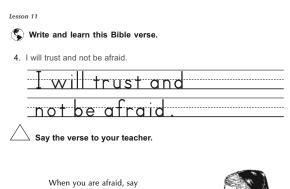
Read the first part of the lesson and discuss fear. What causes your students to be afraid? As you discuss fear, be careful not to stir up feelings of anxiety. Calling attention to darkness, bad dreams, storms, wicked men, or war could be very upsetting to some children. Keep your discussion positive and build confidence in the care of our loving Heavenly Father. You might want to use Psalm 121 to show how God cares for us.

Sometimes a family moves and the children have to go to a different school. If you have a child who has left or joined the class during the year, discuss his situation. Some children are afraid when they need to go to a new school. How should we treat a new child who comes to school? What will help him not to be afraid?

Teach the verse to the children and remind them that God is always with us. Assure them also that their parents will help them when they are afraid.

Extra Activity

Add afraid to your chart of feelings.



the verse. It will help you trust God. You know God will take care of you.

Tell Mother and Father

Tell Mother and Father when you are afraid. Tell them about the bad dream you had. They will help you.



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Lesson 12

(Pages 33; 49, 50)

Quiz 2

Objectives

To review the Study Words

To know what makes you feel sad

To remember what you should do when you feel sad

To be able to tell what causes you to feel afraid To remember what to do when you feel afraid

Introducing the Lesson

Review with the children before you administer the quiz. Be sure they know the study words and their meanings. Review the things that often make children sad. What should they do when they feel sad? What causes them to feel afraid? What should they do with their fear? Do they remember the verse about trust?

Lesson 12 Quiz 2

Quiz Time



- Can you tell what you should do when you feel sad?
- Can you tell what you should do when you feel afraid?
- ☐ Do you know the Study Words?
- Tell your teacher when you are ready to take Quiz 2.

SECTION 3

MORE FEELINGS

Lesson 13

Feeling Happy

Sometimes you feel sad. Sometimes you feel afraid. Many times you feel happy.



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