

HISTORY & GEOGRAPHY

STUDENT BOOK

▶ **3rd Grade** | Unit 3

HISTORY & GEOGRAPHY 303

MID-ATLANTIC STATES

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LIFEPAC Test | **Pull-out**



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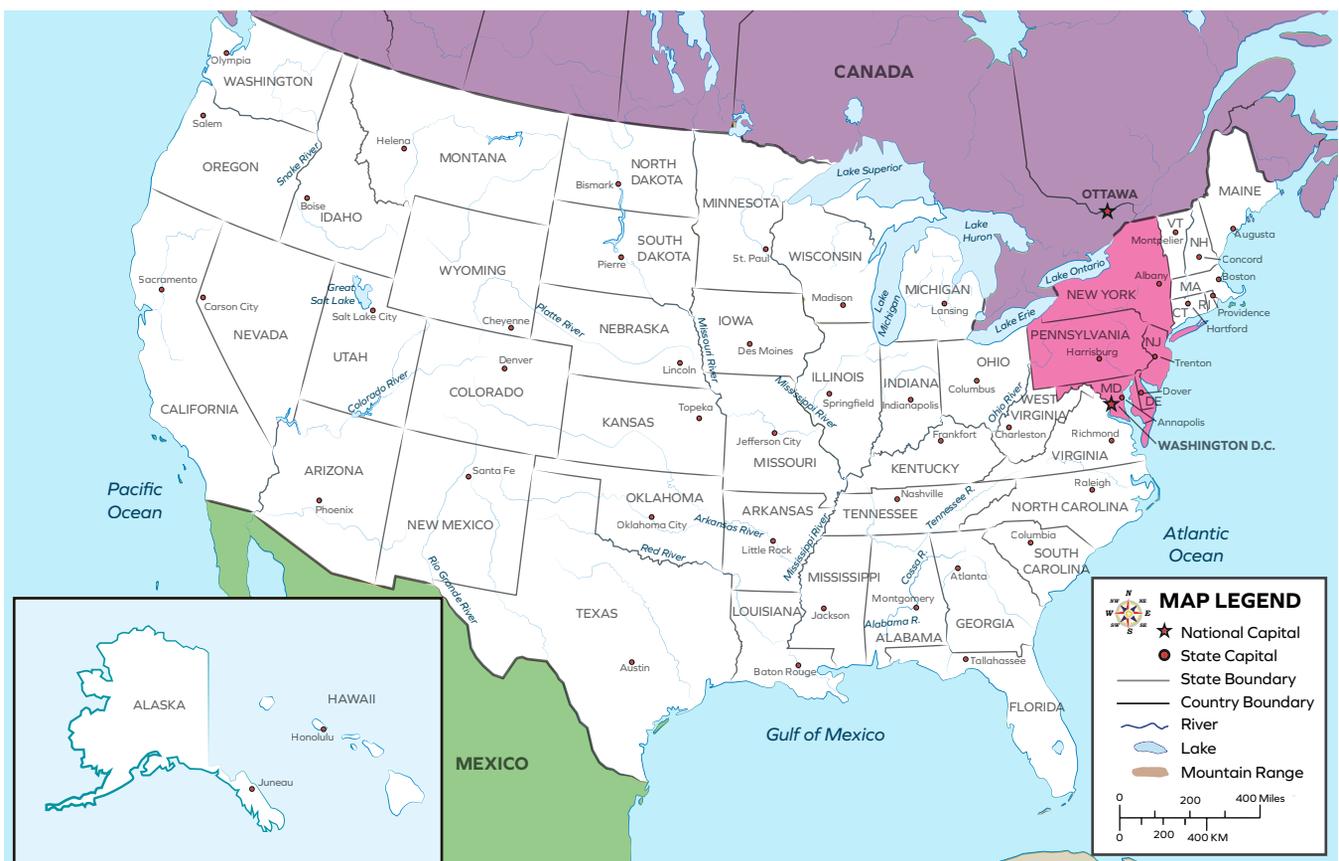
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MID-ATLANTIC STATES

New York, Pennsylvania, New Jersey, Delaware, Maryland, and Washington, D.C.

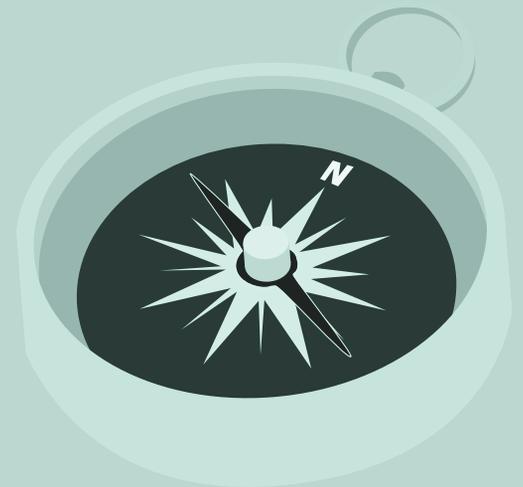
In this LIFEPAK, you will study the Mid-Atlantic region of the United States. As you look at the map below, you will see the area of the Mid-Atlantic states in pink. The Mid-Atlantic states are located on the East Coast of the United States. The country of Canada is north of these states. The Atlantic Ocean is to the east. The states of New York, Pennsylvania, New Jersey, Maryland, and Delaware make up the area, along with the United States' capital, Washington, D.C.



Objectives

Read these objectives. The objectives tell you what you will be able to do when you have successfully completed this LIFEPAC. Each section will list according to the numbers below what objectives will be met in that section. When you have finished this LIFEPAC, you should be able to:

1. Locate the Mid-Atlantic states.
2. Describe the geography of the Mid-Atlantic states.
3. List natural resources found in the Mid-Atlantic states.
4. State the types of businesses and employers found in the Mid-Atlantic region.
5. Identify some of the Mid-Atlantic settlers.
6. Recognize the importance of government in the United States.
7. Identify the pastimes of the people living in the Mid-Atlantic states.



1. MID-ATLANTIC GEOGRAPHY

You will begin this LIFEPAC by studying the geography of the Mid-Atlantic states. You will learn the names of some of the Mid-Atlantic's land features. You will also learn the names of the Mid-Atlantic's major cities. The Mid-Atlantic's location impacts the types of food people grow, the places they live, and the activities they do.

Objectives

Review these objectives. When you have completed this section, you should be able to:

1. Locate the Mid-Atlantic states.
2. Describe the geography of the Mid-Atlantic states.

Vocabulary

Study these new words. Learning the meanings of these words is a good study habit and will improve your understanding of this LIFEPAC.

abundance (ə-bŭn'dəns). A large amount of something.

contiguous (kən-tĭg'yŏŏ-əs). Sharing a border, touching. The contiguous United States consists of the lower 48 states which have borders that touch each other.

fertile (fĕr'tl). Able to grow crops and other plants.

preserve (prĭ-zŭrv'). To keep safe from harm or danger.

Note: All vocabulary words in this LIFEPAC appear in **boldface** print the first time they are used. If you are unsure of the meaning when you are reading, study the definitions given.

Pronunciation Key: hat, āge, cāre, fār; let, ēqual, tĕrm; it, ĭce; hot, ōpen, ôrder; oil; out; cup, pŭt, rŭle; child; long; thin; /ʒh/ for then; /zh/ for measure; /u/ or /ə/ represents /a/ in about, /e/ in taken, /i/ in pencil, /o/ in lemon, and /u/ in circus.

Ask your teacher to say these vocabulary words with you.

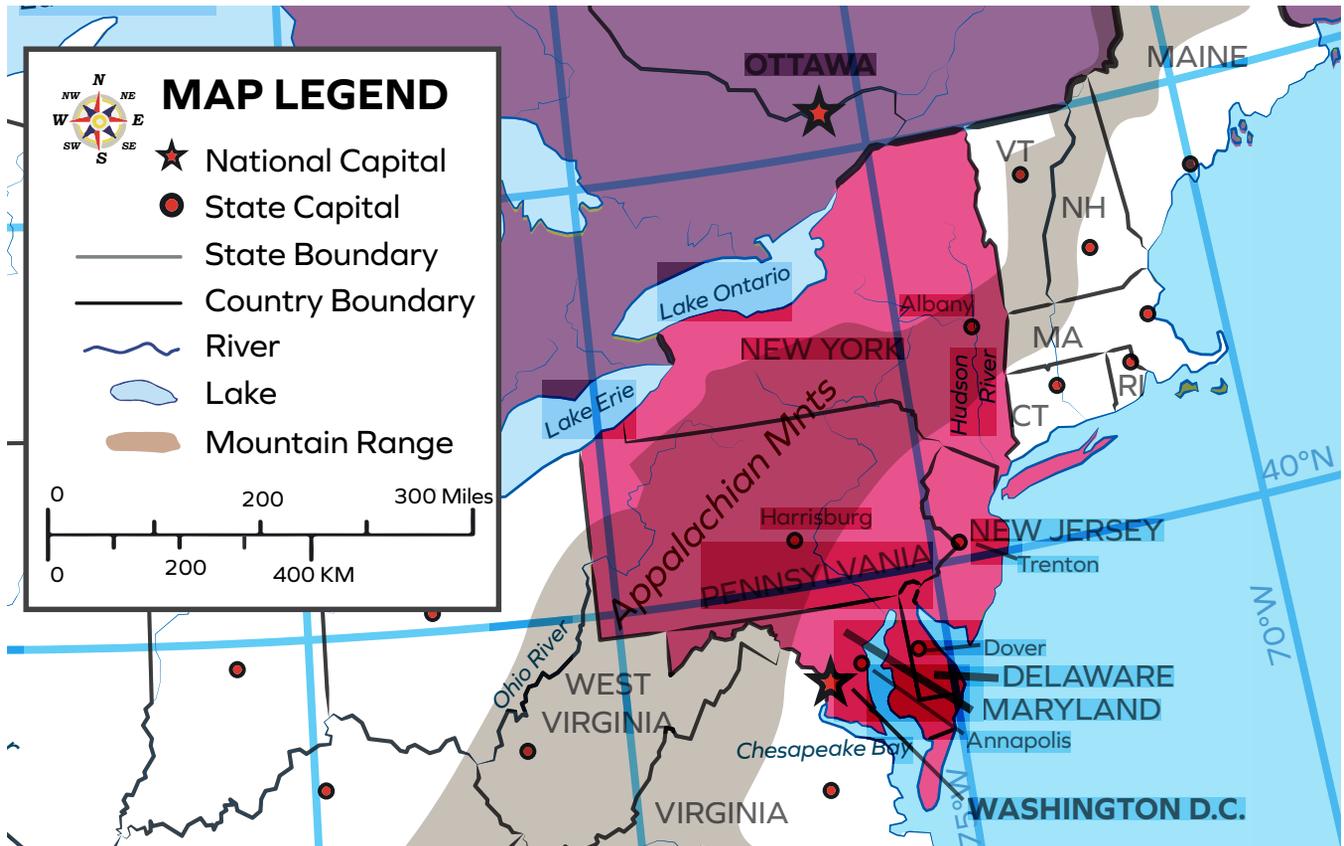


Teacher check:

Initials _____ Date _____

States in the Mid-Atlantic

Before you study the Mid-Atlantic states, look at the map below. The map will introduce you to the Mid-Atlantic area.





Answer the questions based on the map of the Mid-Atlantic states.

- 1.1** What states make up the Mid-Atlantic states? _____

- 1.2** The United States' capital city is also in this region. What is its name?

- 1.3** What ocean is located to the east of New Jersey?

- 1.4** What states are east of Pennsylvania? _____

- 1.5** List the state capitals of the following states:
- a. New York _____
 - b. Pennsylvania _____
 - c. New Jersey _____
 - d. Maryland _____
 - e. Delaware _____
- 1.6** What bay divides the state of Maryland? _____
- 1.7** What mountains are located in the states of New York, Pennsylvania, and Maryland? _____
- 1.8** What river runs through New York? _____
- 1.9** Which states are south of Maryland?

- 1.10** What two Great Lakes are parts of this region?

Geographical Features

The Mid-Atlantic area has three main geographical regions. The Atlantic Coastal Plains make up the area closest to the Atlantic Ocean. All of Delaware along with much of New Jersey and Maryland are part of the coastal plains. This area serves as a transition between the ocean and the land. The coastal plains are swampy and sandy. The land is not good for farming.

The area west of the Atlantic Coastal Plains is the Piedmont Plateau. This area is at a higher elevation. The Piedmont Plateau extends from Pennsylvania south to Georgia. The Piedmont Plateau has **fertile** soil which makes it good for farming. The cities of Philadelphia, Baltimore, and Washington, D.C. are located on the line between the coastal plain and the Piedmont Plateau.

Extending upward from the Piedmont Plateau is the Appalachian Highland. The Appalachian Mountains extend along the eastern edge of the United States. The Catskill Mountains in New York and the Allegheny Mountains in Pennsylvania are part of the Appalachian Mountains.

The Chesapeake Bay plays a major role in the geography of the region. The Chesapeake Bay is about 200 miles long. Virginia and Maryland surround the bay. The Chesapeake Bay serves as a transition area between the ocean and the rivers. Over 150 rivers drain into the Chesapeake Bay. The first settlers lived in the area around the bay. An **abundance** of plants and wildlife including deer, oysters, and



| Chesapeake Bay from space

trees can be found in the area. The settlers sailed their ships up the bay. Today the Chesapeake Bay continues to serve the region as a waterway. Unfortunately pollution has destroyed parts of the bay. Efforts are underway to **preserve** the plants and animals that live in the region.

Another unique land feature of the area is Long Island. The island is located off the coast of New York state.

Long Island is the largest island in the **contiguous** United States. It is a bit smaller than the state of Rhode Island. Part of New York City is located on the island. Bridges and tunnels connect Long Island to the mainland. The most famous of these is the Brooklyn Bridge which opened in 1883.



| The Brooklyn Bridge



Write the correct answer on the blank.

1.11 This Mid-Atlantic region is good for farming.

-
- a. Atlantic Coastal Plains
 - b. Piedmont Plateau
 - c. Appalachian Highlands

1.12 This is a sandy, swampy area in the region.

-
- a. Atlantic Coastal Plains
 - b. Piedmont Plateau
 - c. Appalachian Highlands

- 1.13** The Catskill Mountains are part of this.
- a. Atlantic Coastal Plains
 - b. Piedmont Plateau
 - c. Appalachian Highlands
- 1.14** The entire state of Delaware is part of this region.
-
- a. Atlantic Coastal Plains
 - b. Piedmont Plateau
 - c. Appalachian Highlands
- 1.15** The largest island in the contiguous U.S. is _____.
- a. Long Island
 - b. Fire Island
 - c. Rhode Island
- 1.16** About _____ rivers flow into the Chesapeake Bay.
- a. 100
 - b. 150
 - c. 200

Weather

Like the New England states to the north, the Mid-Atlantic region has four seasons. The summers are warm and humid. Summer thunderstorms are frequent in the region. An average of three to four inches of rain falls during the month of July. The rain provides much-needed moisture for the plants during the hot summer months.

Mid-Atlantic winters are cold and snowy. Weather systems from the west bring snow and cold to the region. The coldest temperature in the region was recorded at Old Forge, New York, on February 18, 1979. It was -52 F. An average of three to four inches of snow falls in the Mid-Atlantic region during the month of January. You may notice that this is the same amount of moisture that falls as rain during the month of July!



Answer true or false.

- 1.17 _____ The Mid-Atlantic region has four seasons.
- 1.18 _____ The coldest temperature in New York State was -5 degrees F.
- 1.19 _____ The average amount of moisture that falls in the region is the same in January and July.



Teacher check:

Initials _____ Date _____



For this Self Test, study what you have read and done. The Self Test will check what you remember.

SELF TEST 1

Each answer = 1 point

Draw a line to the correct capital.

- | | | | |
|-------------|--------------|---|---------------|
| 1.01 | New York | ● | a. Harrisburg |
| 1.02 | Pennsylvania | ● | b. Dover |
| 1.03 | New Jersey | ● | c. Albany |
| 1.04 | Maryland | ● | d. Annapolis |
| 1.05 | Delaware | ● | e. Trenton |

Answer true or false.

- 1.06** _____ Many of the first settlers lived along the Chesapeake Bay.
- 1.07** _____ The Brooklyn Bridge connects Long Island with the state of New York.
- 1.08** _____ Mid-Atlantic winters are mild and dry.
- 1.09** _____ The Catskill Mountains are part of the Piedmont Plateau.
- 1.010** _____ The Great Lakes of Michigan and Superior are part of the Mid-Atlantic region.

Fill in the blank. Use the words from the word bank.

fertile

highest

largest

rivers

sandy

1.011 The Piedmont Plateau has _____ soil.

1.012 Many _____ flow into the Chesapeake Bay.

1.013 The Atlantic Coastal Plains have _____ soil.

1.014 Long Island is the _____ island in the contiguous U.S.

1.015 The Appalachian highlands are the _____ location in the Mid-Atlantic region.



Teacher check:

Score _____

Initials _____

Date _____





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