

## Level 1 <br> : Teacher's Manual

Multisensory Program
Step-by-Step Lesson Plans

- Customizable for Every Student
- Built-in Daily Review
"An outstanding method for teaching spelling. I recommend this program enthusiastically."
- Adam Robinson, author

What Smart Students Know

## by Marie Rippel

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Copyright © 2014, 2006 by All About ${ }^{\circledR}$ Learning Press, Inc.
Printed in the United States of America

All About ${ }^{\circledR}$ Learning Press, Inc.
615 Commerce Loop
Eagle River, WI 54521

ISBN 978-1-935197-04-1
v. 1.8.0

Editor: Renée LaTulippe
Layout and Cover Design: Dave LaTulippe

The All About Spelling Level 1 Teacher's Manual is part of the All About ${ }^{\circledR}$ Spelling program.

For more books in this series, go to www.AllAboutSpelling.com.

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## A Quick Overview

This book is divided into three main sections:

1. Preparing for Level 1. In this section you will find clear action steps that will guide you as you prepare to teach All About Spelling. You will find information on what materials you need to gather, which letters and letter combinations will be taught, and how to set up your student's Spelling Review Box. The section also includes tips and suggestions for working with the letter tiles.
2. Complete Step-by-Step Lesson Plans. The second section contains easy-to-follow lesson plans for the twenty-four "Steps" that comprise Level 1. Each Step covers a main concept for your student to master, as well as review and reinforcement activities.
3. Appendices. The appendices contain extra information for your reference, such as the Scope and Sequence and a listing of all the words taught in Level 1.

For most students, I recommend working on spelling for twenty minutes a day, five days a week. Shorter, more frequent lessons are much more effective than longer, infrequent lessons.

If you have questions at any point, you can always reach me at support@allaboutlearningpress.com. I'm here to help!

Make spelling a joy!
Marie Tipper

## Gather the Materials

Following is the list of materials you will need for teaching Level 1:Student Packet for Level 1Set of All About Spelling Letter TilesPhonogram Sounds appSpelling Review Box or index card boxDivider CardsLined notebook paper

The following items are optional:Stickers or colored pencils for the Progress ChartLetter tile magnets2' x 3' Magnetic white board

## Get Ready for Multisensory Learning

During the learning process, we ideally use three main pathways to learning: visual, auditory, and kinesthetic.


We are wired to learn using the three pathways, and the strength of each modality is different for each person. Some people may be very strong visual learners, while others learn best auditorily or kinesthetically. The All About Spelling program includes a variety of activities that use all three learning paths, because students achieve more when they are taught through their strongest pathway to the brain.

And here's the really good news. When students are taught using all three pathways to the brain-the visual, the auditory, and the kinesthetic-they learn even more than when they are taught only through their strongest pathway. ${ }^{1}$

You'll see that the spelling lessons in the pages ahead include various activities that engage all three pathways:

## Visual

- watching as new spelling concepts are demonstrated with the color-coded letter tiles
- seeing the spelling words written down
- looking at and reading the flashcards during review sessions


## Auditory

- reviewing the flashcards orally
- segmenting words aloud
- saying the sounds of the phonograms as they are written down


## Kinesthetic

- writing down dictated phonograms, phrases, and sentences
- building new spelling words with the letter tiles
- practicing spelling with the pointer finger on various surfaces

Actively involving students in the spelling lessons through multisensory instruction like this speeds up the learning process.

[^0]
## Discover the Phonograms

A phonogram is a letter or letter combination that represents a sound. For example, the letter combination ck represents the sound $/ \mathrm{k} /$. The word phonogram comes from two Greek roots: phono, meaning sound, and gram, meaning written. Quite literally, then, a phonogram is a written sound.

Dr. Samuel Orton, a neurologist who studied language and reading disabilities, worked closely with teacher and psychologist Anna Gillingham to identify the sounds of the English language and the letter combinations used to represent those sounds. The All About Spelling program builds upon their extensive work in identifying the phonograms and how they are best taught.

The following chart lays out the basic phonograms.

| a | b | c | d | e | $f$ | g | h |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| i | j | k | l | m | n | o | p |
| qu | r | s | t | u | v | w | x |
| y | z | ai | ar | au | aw | ay | ch |
| ci | ck | dge | ea | ear | ed | ee | ei |
| eigh | er | ew | ey | gn | ie | igh | ir |
| kn | ng | nk | oa | oe | oi | oo | or |
| ou | ough | our | ow | oy | ph | sh | si |
| tch | th | ti | ui | ur | wh | wr |  |

In Level 1, through hands-on work with the letter tiles and continual review with the flashcards, your student will learn:

- the 32 unshaded phonograms in the chart above
- how to hear the individual sounds in words
- how to represent sounds using phonograms
- solid spelling rules governing the use of the phonograms

Learning these skills means that your student will not have to guess or memorize a string of letters in order to spell. The direct instruction in this program will give him real tools for mastering spelling.

## Step 1 - The First 26 Phonograms

In this lessan, your student will learn the saunds of the first 26
phanagrams.

You will need: Phonogram Cards 1-26, Progress Chart

Before beginning this lesson, read "Familiarize Yourself with the Basic Phonograms" on page 9 for important background information.

This step has two main components:

1. Figuring out which phonograms need to be taught.
2. Teaching the phonograms.

## Evaluation

## Determine which Phonograms Need to Be Taught

Take out Phonogram Cards 1 to 26.
Phonogram Cards
"We are going to see which of these cards you know and which of them we should work on. We will sort them into two piles: cards you know and cards you need to learn."

Show your student the front side of Phonogram Card 2.
"Most letters have one sound. For example, the letter $\underline{b}$ says /b/." Return the card to the back of the deck.

Show your student the front side of Phonogram Card 1. $\square$
"But some letters can say more than one sound, depending on the word it is found in. For example, the letter a can say /ă/, or it can say $/ \bar{a} /$, or it can say /ah/, depending on the word."
"When I show you a letter that can say more than one sound, tell me all of the sounds. For this card, you would say $/ a / a /-/ \bar{a} /-/ a b /$." Return the card to the back of the deck.

## Evaluation

Go through all of the Phonogram Cards with your student and sort them into two piles: Need to Learn and Mastered.

When you get to Phonogram Card 17, you may need to give the following explanation to your student:
"You can see that there are two letters on this
qu card. In English, q is always followed by a u. Together, they say the sound of $/ \mathrm{kw} /$. Repeat after me: $/ \mathrm{kw} /$."

What is considered a mastered card? These are the cards that your student knows thoroughly. He says the pure, clipped sound without adding /uh/ at the end-for example, he says /p/, not /puh/. He can respond quickly and easily when you hold up the card and does not hesitate to think of the answer. There is no doubt in your mind that he has, in fact, mastered the card.

If there are any cards in the Mastered pile at the end of the evaluation, file them behind the Phonogram Cards Mastered divider. Mastered cards will be reviewed periodically throughout the program.

## New Teaching

When saying
the sounds of
phonograms that
Done multiple

Forget! | sounds, remember |
| :--- |
| to say one sound |

after the other with
only a slight pause in
between. For the letter c,
for example, you would
say "/k/ - /s/," pausing
momentarily between the
sounds. The Phonogram
Sounds app demonstrates
how to do this.

## Teach the Phonograms

Now that you have identified which cards your student needs to learn, teach four cards at a time with the following procedure:

1. Show the Phonogram Card.
2. Say the sound or sounds.
3. Have your student repeat the sound or sounds.

If a phonogram has several sounds, you can give your student a "hint" by holding up the appropriate number of fingers.

After several repetitions, see if your student can say the sound(s) without your prompting. The goal is that as you flip through the flashcards, your student will be able to say the phonograms without pausing to think.


File the four Phonogram Cards that you are working on behind the Phonogram Cards Review divider in your student's Spelling Review Box. They will be reviewed at the beginning of the next teaching session.

After your student has mastered the Phonogram Cards, you will move them behind the Phonogram Cards Mastered divider.

## Keep Track of which Phonograms Have Been Learned

Take out the Phonogram Chart.


Have your student color in or place a sticker next to the phonograms that have been mastered.

Update this chart each time a Phonogram Card is moved to the Mastered pile.

$$
\begin{aligned}
& \text { How many phonograms should you teach in a day? } \\
& \text { For some students, especially younger ones, learning four } \\
& \text { new Phonogram Cards at a time will be enough. Other } \\
& \text { students, especially those who are good readers, will be able to } \\
& \text { learn many more in a day. You will have to judge the attention } \\
& \text { span and previous experience of your student and adjust the } \\
& \text { number of cards to teach in a session. You don't want to frustrate } \\
& \text { your student by trying to teach too many in a day, yet you don't } \\
& \text { want to hold him back by not teaching enough, either. }
\end{aligned}
$$

## Reinforcement Mark the Progress Chart

Post the Progress Chart in an accessible area. After each Step has been completed, have your student color in or place a sticker over that Step number on the chart.


## Step 16 - Letters C and K

This lessan will teach when ta use $\underline{c}$ and when to use $\underline{R}$ far the initial
sound of / $k /$.

You will need: Key Cards 7 and 8, blank blue tile

## Review



## New Teaching

## Teach Key Card 7: When C Says /s/

Pull down the $\underline{c}$ tile. $\mathbf{C}$
"You know that the letter $\underline{c}$ can say $/ \mathrm{k} /$ or $/ \mathrm{s} /$. We have a way to tell which of these two sounds the $\underline{c}$ is going to make."

Pull down the letter tiles $\underline{e}, \underline{i}$, and $\underline{y}$ and arrange them next to the $\underline{c}$ tile:

$$
\begin{array}{l|l|} 
& |e| \\
\hline \mathbf{c} & \mathbf{i} \\
\hline & y \\
\hline
\end{array}
$$

"If the $\underline{c}$ is followed by an $\underline{e}, \underline{i}$, or $\underline{y}$, it says $/ s /$. ."
Show the $\underline{c}$ tile visiting the letters $\underline{e}, \underline{i}$, and $\underline{y}$ one at a time.
"In front of the $\underline{e}$ it says $/ s /$. In front of the $\underline{i}$ it says $/ s /$. In front of the $\underline{y}$ it says /s/."

Pull down the letter tiles $\underline{a}, \underline{o}, \underline{u}, \underline{1}$, and $\underline{\underline{r}}$ and arrange them like this:

"If the $\underline{c}$ is before any other letter, it says $/ \mathrm{k} /$. . Show the $\underline{\mathrm{c}}$ tile visiting the letters one at a time.
"In front of the $\underline{a}$ it says $/ \mathrm{k} /$. . Repeat for $\underline{\mathbf{o}}, \underline{\mathbf{u}}, \underline{1}$, and $\underline{\mathrm{r}}$.

When your student understands this concept, mix up the $\underline{e}, \underline{i}$, and $\underline{y}$ with the $\underline{\mathrm{a}}, \underline{\mathrm{o}}, \underline{\mathbf{u}}, \underline{1}$, and $\underline{\underline{r}}$ and place the $\underline{\mathrm{c}}$ in front of each one. Ask your student to tell you whether the $\underline{c}$ says $/ \mathrm{k} /$ or $/ \mathrm{s} /$.

Read Key Card 7 with your student and then file it behind the Review divider.


The next part of the lesson builds on Key Card 7, so work with the tile activity above until it has been mastered by your student.

## Teach Key Card 8: How to Spell the Initial Sound of /k/

Pull down the $\underline{\mathrm{k}}$ tile. $\mathbf{k}$
"What sound does this tile make?" $/ k /$.
"Good. I want to spell the word kit. I don't know whether to use the $\underline{\mathrm{c}}$ or the $\underline{k}$ yet, so I put in a blank blue tile for the $/ \mathrm{k} /$ sound."

k

"We always try the $\underline{c}$ first." | $\mathbf{c}$ | $\mathbf{i}$ | $\mathbf{t}$ |
| :--- | :--- | :--- |

"Does $\underline{\mathrm{c}}$ work?" No.
"Why not?" The $\underline{c}$ says /s/ because of the $\underline{i}$.
"What would this word say?" /sit/.

| "So we know that we use the $\underline{\mathrm{k}}$. |  $\mathbf{i}$ $\mathbf{t}$ |  |
| :--- | :--- | :--- | :--- |

Build the following words, using a blank blue tile for the $/ \mathrm{k} /$ sound.
Have your student replace it with a $\underline{\mathrm{c}}$ or a $\underline{\mathrm{k}}$. Remind him, if necessary, that we always try the $\underline{c}$ tile first.


Read Key Card 8 with your student and then file it behind the Review divider.


Here is an easy way to remember whether to try $\underline{\mathrm{c}}$ first or $\underline{k}$ first: $\underline{c}$ comes first in the alphabet and $\underline{k}$ comes second. That is the same order in which we try the letters when building a word.
$\underline{\mathrm{C}}$ and $\underline{\mathrm{k}}$ are by far the most common ways to spell the sound of $/ \mathrm{k} /$ at the beginning of a word. Used much less frequently, ch represents the sound of $/ \mathrm{k} / \mathrm{in}$ words of Greek origin (Christmas, chorus) and will be highlighted in a later level.

There are no new Word Cards for Step 16.

## Dictate Phrases

Dictate several phrases each day.
red flag
Pam and Ted
swim fast
plug in
got that job
twin pig
bit his shin
last wish
hunt with us
held that lamp
felt as bad trim this twig

## Step 17 - Sound of /k/ at the Beginning

This lessan will teach haw ta spell wards beginning with $\underline{\underline{c}}$ and $\underline{\underline{R}}$.

You will need: Word Cards 91-100

## Review



Quickly review selected cards from behind the Mastered dividers.

## New Teaching

## Word Cards 91-100: Spell with Tiles

Dictate the words and have your student spell them with tiles. Follow the Procedure for Spelling with Tiles, illustrated in Appendix C.
91. can
92. camp
93. cut
94. kept
95. kid
96. cash He paid in cash.
97. kit
98. cup
99. club
100. cap

## New Teaching

(continued)

## Spell on Paper

Once your student is able to spell the words using the tiles, dictate Word Cards 91-100 and have him spell the words on paper.

File the Word Cards behind the Review divider.

## Reinforcement More Words

The following words reinforce the concepts taught in Step 17. Have your student spell them for additional practice.

| cab | cast (plaster cast) | clam | cost | crab |
| :--- | :--- | :--- | :--- | :--- |
| crash | crop | cub | Ken | Kim |

For the word cost, you may have to remind your student to "pronounce for spelling." In many regions, it is Tip! pronounced cawst.

## Dictate Phrases

Dictate several phrases each day.

Kim sent<br>kept fit<br>at camp<br>drop this cup<br>tent kit<br>last crab<br>that kid<br>bend and cut<br>his club<br>such cost<br>much cash<br>Ken can hop

## Step 18 - FF, LL, and SS

This lessan will teach three nem phanagrams and that letters
\&, $\underline{\ell}$, and $\underline{\underline{\varepsilon}}$ may be doubled at the end of a ward.

Sound Cards 30-32, Key Card 9, the extra f, I, and st tiles, Word
Cards 101-110

Before teaching your student today, review the new Phonogram Cards that you will be presenting in the lesson.

## Review



## New Teaching

## Teach New Phonograms CK, NG, and NK

"We have three new tiles today."
Point to the ck tile. ck
"Repeat after me: /k/, two-letter /k/." Student repeats.

Point to the ng tile. ng
"Repeat after me: /ng/." Student repeats.
Point to the nk tile. nk
"Repeat after me: /ngk/." Student repeats.
"Good. These tiles are consonant teams, so let's put them in the right spot in our letter tile setup." Help your student organize the new tiles.

Store the new tiles under the following label:
Consonant Teams

$$
\begin{array}{l|l|l|}
\hline \mathrm{ck} & \mathrm{ng} & \mathrm{nk} \\
\hline
\end{array}
$$

Take out Phonogram Cards 30-32 and practice them with your student.

Practice Sound Cards 30-32 with your student. Dictate the sound and have your student write the phonogram.

File cards behind the appropriate Review dividers.

## Teach Key Card 9: Doubling the Letters F, L, and S

Build the words off, tell, and dress with tiles.

"At the end of one-syllable words, we often double the letters $\underline{f}, \underline{1}$, and $\underline{s}$ when they come right after a single vowel."
"A single vowel means one vowel. It means that there aren't two vowels in a row."

Point to the word off. "How many syllables are in the word off?" One.
"Does the $\underline{f}$ come right after a single vowel?" Yes.
Point to the word tell. "How many syllables are in the word tell?" One.
"Does the 1 come right after a single vowel?" Yes.

Point to the word dress. "How many syllables are in the word dress?" One.
"Does the s come right after a single vowel?" Yes.

Read Key Card 9 with your student and then file it behind the Review divider.

This rule is sometimes called the Floss Rule because the word floss follows the rule and contains the letters $\mathbb{f}, \underline{1}$, and $\underline{s}$.



Step 18: FF, LL, and SS

We double the $\underline{f}$, $\underline{1}$, and $\underline{s}$ after a single vowel in hundreds of words, but there are several common words in which we do not double the last letter. Your student has already learned six of those words: if, gas, yes, this, us, and bus.
When a final $\underline{s}$ sounds like $/ \mathrm{z} /$, as in has, was, and is, it is not doubled.

## Word Cards 101-110: Spell with Tiles

Dictate the words and have your student spell them with tiles. Follow the Procedure for Spelling with Tiles, illustrated in Appendix C.
101. tell
102. doll
103. fell
104. hill
105. will
106. sell We sell apples.
107. off
108. miss
109. glass
110. grass
$\begin{aligned} & \text { For the words doll } \\ & \text { and off, you may }\end{aligned} \quad$ Tip! need to tell your student to "pronounce for spelling." In many regions, the words are pronounced dawl and awf in conversational speech.

## Spell on Paper

Once your student is able to spell the words using the tiles, dictate Word Cards 101-110 and have him spell the words on paper.

File the Word Cards behind the Review divider.

## More Words

The following words reinforce the concepts taught in Step 18. Have your student spell them for additional practice.

| bell | bill | class | cliff | cuff |
| :--- | :--- | :--- | :--- | :--- |
| dress | drill | fill (fill a cup) | ill | Jill |
| kill | kiss | less | loss | mess |
| pass | pill | press | shall | smell |
| sniff | spell | stiff | still | stuff |
| well |  |  |  |  |

## Dictate Phrases

Dictate several phrases each day.
fell off
sit still
tell Dan
math class
sniff and smell
fill this glass
rag doll
big cliff
will sell
hug and kiss
best dress
dug that well

## APPENDIX A

## Scope and Sequence of Level 1

By the end of Level 1, your student will be able to spell most one-syllable words with a short vowel. We take small incremental steps to accomplish this. Skills are introduced one at a time and are continually reviewed. The carefully sequenced activities your student will complete are outlined in the following chart.

| Your Student Will: | Step | Your Student Will: | Step |
| :---: | :---: | :---: | :---: |
| Learn the first 26 phonograms | 1 | Spell words containing $\underline{s}, \underline{\mathrm{x}}$, and qu | 11 |
| Identify the first sound in a word | 2 | Spell words containing th, sh, and ch | 12 |
| Identify the last sound in a word | 2 | Segment words with consonant blends | 13 |
| Segment words with two and three sounds | 2 | Spell words with final blends | 14 |
| Alphabetize the letter tiles | 3 | Spell words with initial blends | 15 |
| Distinguish between vowels and consonants | 3 | Learn that $\underline{\underline{c}}$ says /s/ before an $\underline{e}, \underline{i}$, or $\underline{\square}$ | 16 |
| Learn how to write the phonograms | 4 | Learn how to spell $/ k /$ at the beginning of word | 16 |
| Learn the short vowel sounds | 5 | Spell words with $\underline{\underline{c}}$ or $\underline{k}$ at the beginning | 17 |
| Choose the correct vowel for a word | 5 | Learn phonograms $\underline{\mathrm{ck}}$, $\underline{\mathrm{ng}}$, and $\underline{\mathrm{nk}}$ | 18 |
| Learn that every word has a vowel | 5 | Learn when to double $\underline{f}$, I, and $\underline{\text { s }}$ | 18 |
| Exchange vowels to make new words | 5 | Spell words ending in $\underline{f}$, L, and $\underline{\text { s }}$ | 18 |
| Segment words with letter tiles | 6 | Learn how to spell /k/ at the end of a word | 19 |
| Learn procedure for spelling with tiles | 6 | Spell words with $\underline{c k}$ or $\underline{k}$ at the end | 19 |
| Spell words containing short a | 6 | Spell words with ng | 20 |
| Spell words containing short $\underline{1}$ | 7 | Spell words with $\underline{n k}$ | 21 |
| Learn how to capitalize names | 8 | Spell compound words | 22 |
| Spell words containing short of | 8 | Learn what a plural word is | 23 |
| Learn phonograms th, sh, and ch | 9 | Identify the base word of plural words | 23 |
| Spell words containing short $\underline{u}$ | 9 | Learn how to make a word plural | 23 |
| Understand what a syllable is | 10 | Spell plural words by adding s or es | 23 |
| Count syllables in a word | 10 | Learn the long vowel sounds | 24 |
| Spell words containing short e | 10 | Learn open and closed syllable types | 24 |
| Learn two ways to spell /z/ | 11 | Spell words with open syllables | 24 |


[^0]:    ${ }^{1}$ R. D. Farkus, "Effects of Traditional Versus Learning-Styles Instructional Methods on Middle School Students," The Journal of Educational Research 97, no. 1 (2003).

