

HISTORY & GEOGRAPHY

Student Book



► **1st Grade** | Unit 3

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I HAVE FEELINGS

HISTORY & GEOGRAPHY 103

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LIFEPAC Test |Pull-out



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I HAVE FEELINGS



God gave you feelings.
You can feel many things.
You can feel sad or angry
or afraid or excited or happy
or many other things.

In this LIFEPAK[®], you will read about feelings.

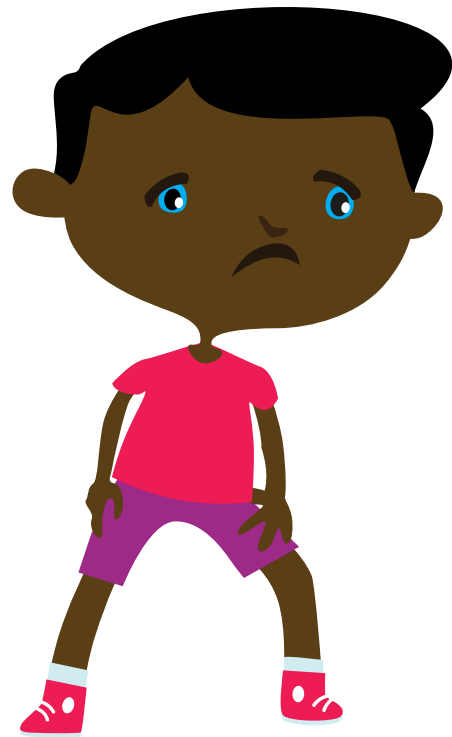
Objectives

Read these objectives. They will tell what you will be able to do when you have finished this LIFEPAK[®].

1. I can tell what makes me feel sad.
2. I can tell what makes me feel afraid.
3. I can tell what makes me feel happy.
4. I can tell about other things I feel.

1. I FEEL SAD

Sometimes people feel sad.
Do you feel sad sometimes?
Why do you feel sad?
When do you feel sad?



Times When I Feel Sad

Sometimes I feel sad, but I do not know why.
When do you feel sad?

I feel sad

when I am all alone,
when I have no one to play with me,
when I am sick,

or when _____.

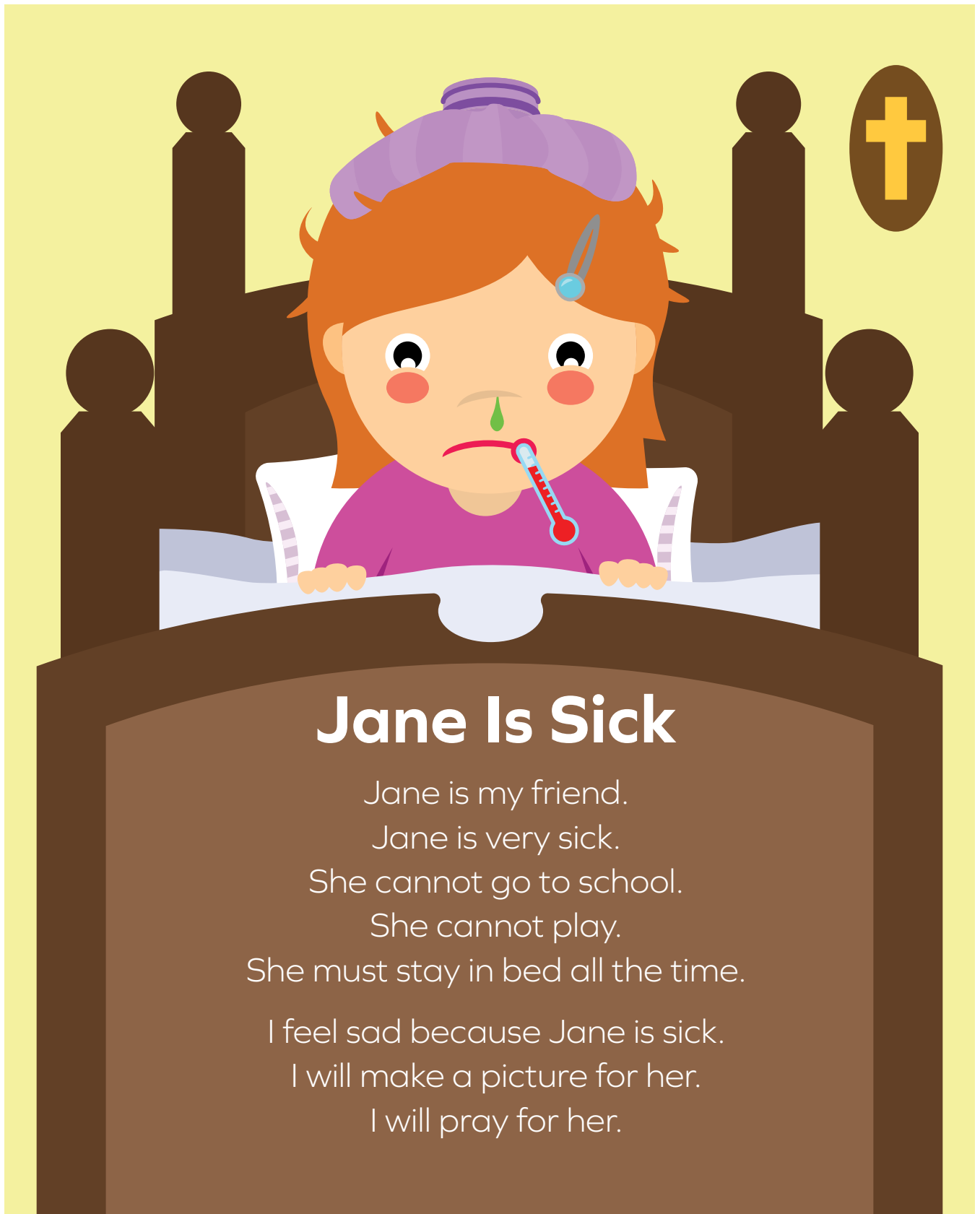


Tell what will happen next.



When do you feel sad?

How can you help someone else who is sad?



Jane Is Sick

Jane is my friend.
Jane is very sick.
She cannot go to school.
She cannot play.
She must stay in bed all the time.
I feel sad because Jane is sick.
I will make a picture for her.
I will pray for her.



Learn this Bible verse.

"I was sick, and ye visited me."

(Matthew 25:36)



Talk about the sick people that Jesus helped.



Draw a happy picture for a sick person. Color it. Copy it and give it to someone who is sick or sad.



Bob Is Little

Bob is my friend.
Bob is little.
Bob is smaller than any of us.

Because Bob is little,
some children make fun of him.
They call him names.
They make him cry.
They make me sad because
they hurt my friend, Bob.



God wants me to help Bob.

I want to do what God wants.



How can you help Bob?
 What can you say to him?
 What can you do for him?



Circle *yes* or *no*.

Bob is little.

yes no

I call Bob names.

yes no

Some children made Bob cry.

yes no

God wants me to help Bob.

yes no



Some Days It Is Hard to Be Good

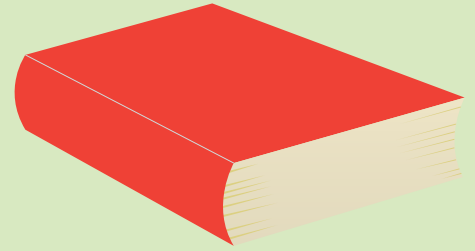
John felt sad as he got ready for bed.
He did not know why.

As he said his prayers, he still felt sad.
He began to think about his day.
Everything had gone wrong.

First, he disobeyed Mother's orders
to go straight to school.
He stopped at the park and
lost his new jacket there.



Next, John had a fight with Joe.
Joe had a new book from the library.
John wanted the book, too.
He did not want to wait for Joe to finish.



So John started a fight.
The book was torn.
The teacher became angry.
John had to stay after school.





Circle the right word.

John felt _____ .
(happy / sad)

John _____ his mother.
(obeyed / disobeyed)

John _____ his jacket.
(lost / found)

John had a fight with _____.
(Jim / Joe)

The book was _____.
(open / torn)

John had to stay _____ school.
(after / out of)



Write 1, 2, and 3 to show what happens *first*, *next*, and *last*.





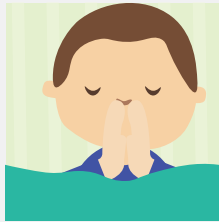


SELF TEST 1

Each answer = 1 point

Write **1, 2, and 3** to show what happens *first, next, and last*.







Circle the right word.

Joe and John had a _____.
(bike / fight)

I can _____ someone who is sad.
(help / hurt)

"I was sick and ye _____ me."
(left / visited)

Tell your teacher one thing you do if you are sad.

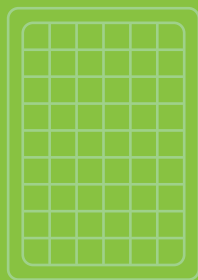
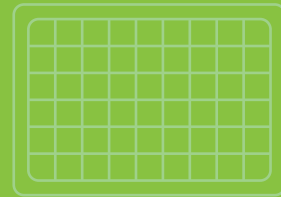


Teacher Check

Initial Date



My Score



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